

PARENTS USE YOUR POWER

SEPTEMBER 2014

PowerTalk for Families

Your child is becoming more independent and making new decisions every day. Work together to plan strategies for dealing with new social situations—before they happen. Your child can practice these problem solving strategies at home, with your guidance.

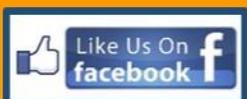
NEWSLETTER ARCHIVE

Family Activities
Role Models
Building Resiliency
Boundaries
Confrontations
Networking

NEXT MONTH:
Setting Realistic Goals



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The Power of Choice 6th-8th Campaign

What's new this year?

Welcome to the Parents Use Your Power Newsletter. Each month during the school year, we publish parent newsletters on a variety of topics that help parents guide their children through the preteen and teenage years. Links to the newsletters will be sent through email notifications from each of the schools and are always available at ThePowerofChoice.info/newsletters. This month, we want to give you an overview of the various components of the Power of Choice 6th-8th grade campaign.

Back by popular demand!

- **Posters**- Five different 12x18" posters are displayed in the schools throughout the school year. Posters are designed with messages intended to build those protective factors that will guide students as they develop and begin making decisions that will lead them to a healthy future.
- **Power Surges**- Newsletters displayed in key areas around the school to give students a little more information about important topics and themes connected to those protective factors highlighted each month. Each issue presents a **POWER SURGE CHALLENGE** to encourage students to "do something powerful" with the information they learn.
- **I-Teams** –The Power of Choice team visits each middle school/junior high school cafeteria two times during the school year to get feedback from students about our media and to help reinforce the topics covered in the campaign.
- **Power of Choice website**- This website includes information for both parents and students. Access [newsletter archives](#), [substance abuse prevention resources](#), [posters](#), [Power Surges](#), [data and statistics](#) or to [get involved](#) with the campaign. Visit often as we are always updating the site with useful information for both parents and students.
- **Parents Use Your Power Newsletters**- A monthly electronic newsletter distributed to parents in an effort to provide information and resources related to parenting their children toward a bright future.

What's NEW?

- **Illinois Youth Survey**- District 203 and 204 6th and 8th grade students participate in the Illinois Youth Survey every other year. Check out the [Data results](#) from the most recent survey of local students (Spring 2014). Information from the survey helps to guide the development of the campaign.
- **Power of Choice student lessons** (optional lessons available to schools) - Power of Choice lessons give students an opportunity to learn new skills and discuss the theme for that month. Each lesson has a take home [PowerTalk for Families](#) activity sheet.
- **PowerTalk for Families**- A take-home activity sheet to supplement the Power of Choice lessons each month. Each activity provides an opportunity for parents to have a conversation and some interaction about the Power of Choice topic for that month. PowerTalk activities will also be available on our website through links on information panel of the Parents Use Your Power newsletters.
- **Parents Use Your Power Facebook Page**- See updates about monthly themes, find out when our I-Team will visit your child's school, see the latest posters and Power Surges and also find out what's happening in the Power of Choice high school campaign.

We would love to hear from you! If you have ideas or feedback about the Power of Choice campaigns or would like our monthly newsletters sent directly to you, please contact [Dawn Neylon](#).

A project of 360 Youth Services, Naperville School District #203, Indian Prairie School District #204, Naperville Police Department, KidsMatter, Aurora Police Department and District 203 & 204 parents. Funded in part by Illinois Department of Human Services.

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