



Celebrating the healthy choices of local youth!

The number of students who avoid alcohol, tobacco and marijuana has increased since the Power of Choice started surveying all District 203 and 204 high school students in 2003. By helping students recognize that most of their peers are making healthy choices most of the time about alcohol, marijuana, tobacco and other drugs, more students have less pressure to use and more support in their choice to be drug-free.

ALCOHOL-FREE	2016	2003*	CHANGE
Students who have not consumed alcohol in the past 30 days.	81%	66%	↑15%
Students who have not consumed alcohol in the past year.	68%	47%	↑21%
Students who do not drink alcohol. (Answered "Never" to "How often (if ever) do you drink alcohol?")	67%	47%	↑20%
MARIJUANA-FREE	2016	2009*	CHANGE
Students who have not smoked marijuana in the past 30 days	89%	84%	↑ 5%
Students who have not smoked marijuana in the past year.	84%	77%	↑ 7%
TOBACCO-FREE	2016	2003*	CHANGE
Students who have not smoked cigarettes in the past 30 days.	98%	82%	↑16%
Students who have not smoked cigarettes in the past year.	96%	73%	↑23%
Students who have never smoked a cigarette.	89%	50%	↑39%
PARENTS	2016	2005*	CHANGE
Students who choose not to drink because they don't want to get in trouble with their parents.	75%	69%	↑ 6%
Students who choose not to drink because they don't want to disappoint their parents.	77%	67%	↑10%
COMMUNITY	2016	2005*	CHANGE
Students who choose not to drink because they don't want to deal with the legal consequences if they get caught.	82%	72%	↑10%
Students who choose not to drink because they don't want to jeopardize their future plans (college, career, etc.)	86%	68%	↑18%

*First year particular survey item was measured.
Annual survey statistics from 2003-2016 N (students) = 10,835-11,774

The increase in the number of students who choose to be alcohol, marijuana, tobacco and other drug-free is very encouraging. The last two statistics are especially encouraging since they highlight how a much larger number of students are thinking about their futures and recognizing their power to make healthy choices for a brighter future.

Visit the [FAQ page](#) to find out why we find these numbers to be accurate. Find out what we mean by the phrase, "Health is quiet," and data quality and confidence.

Find prevention, intervention and treatment resources on the [Power of Choice website](#).



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